

Your source of current news and information from The Neal Center, 100 T.R. Harris Drive, Shelby, NC 28150


## Something to think about

"Love is blind but marriage is a real eye-opener."
-Pauline Thomason


Prayer For May
"May today there be peace within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you be confident knowing you are a child of God."


## From the Eneculive Director's Desk.

 Paulette Putnam, Neal Center Executive Director This time of year brings opportunities for renewal and reflection. It's a great time for us to look at ourselves. Just as seasons change, people change. Maybe we need to change! Start a new Ћob6y, make new friends, Cearn something new! The $\mathcal{N e}$ al Senior Center is a great place to do all of these things. We are constantly starting new classes and trying new things. We would love to hear from you. Is there a class you would like to see us start? Can you teach it? Are you interested in being a vofunteer? We have plenty of positions. Come celebrate change with us! This is your senior center! We would Cove to have you here.

Sincerely, Paulette Putnam

| Neal Center Staff and Contact Information Have a question? A specific need? Not sure what to do? <br> Neal Center main number: 704/482-3488 |  |
| :---: | :---: |
| Paulette Putnam, Executive Director | Daniel Dedmon, Program Director |
| Teresia Ladd, Administrative Assistant | Dolores Ashworth, Volunteer Coordinator |
| Heather Ledbetter, Nutrition Coordinator | Linda Geter, Housing Director/Rental Coor. |
| Charles Walls, Bookkeeper | Jane Wright, Administrative Secretary |
| Stephanie Baxter, Housekeeping |  |

What are the hours for the Neal Senior Center?
Monday-Thursday, 8:30am-4:00pm
Friday, 8:30am-12:00pm
Not sure if the center is open? Call our
"Weather Line" at 704/481-7398!


## New on the horizon...

The Neal Senior Center is hoping to start some new classes this spring! But, in order to make those classes possible, we need people who are willing to volunteer their time to be the instructor of the activity. Please note that these classes can be for those who are new to the activity or would like a "refresher", if they've had previous experience. The suggested meeting days and times are negotiable.

## -Canasta

A very popular game in the 1950's, we'd like to find someone who can teach the game, or even find a group who already knows how to play. If you would be interested in being a part of this classic card game, we would like to offer it Wednesdays from 9:00-11:00 am or 10:00-12 Noon.

## -Beginning Chess

If you know how to play this intriguing board game, we're looking to have the class weekly Tuesday afternoons, from either 1:00-2:00 pm or 2:00-3:00 pm.

## -Ballroom Dancing

If you're experienced in the various ballroom dances, we're looking to have the class on Thursday afternoons, from 1:00-2:00 or 2:30 pm.

## -Mahjong

A long-popular board game from China, we would welcome someone who can teach the game with patience and encouragement. We're looking to have the class weekly on Tuesday mornings, from either 9:00-10:00 am , 10:00-11:00 am, or 11:00-12 Noon.

Do you are anyone you know experienced in these activities and are willing to volunteer to instruct a group? Please contact Daniel Dedmon, Neal Senior Center Program Director, at 704/481-7387 or email at ddedmon@agingcouncil.org

## JUST SO YOU’LL KNOW.....

The Neal Senior Center will be closed for Memorial Day on Monday, May 29, 2023. The center will reopen on Tuesday, May 30.



## COA/Neal Center 100 T.R. Harris Dr 28150 May 5, 2023 Celebrating <br>  <br> COA/Seal Center's Open House



## Reverse drawing

 will begin @ 6:00PM Tickets for Raffle$\$ 100.00$ ea. for a chance to win (\$12,000.00 Grand Prize)

Tickets are now on sale at the COA/Neal Center Call Charlie Walls @704-481-7382 for further infomation
Vendor Fair
8:30 AM—1:30PM
Information Fair
10:00 AM—12:00 noon
Medicare 101
11:00AM—1:00PM
Must be present for
DOOR PRIZES
Do not thave to be
present for
CASH PRIZES
(4.S500.00-1.\$2,000.00)
( $\$ 12,000.00$ GRAND PRIZE)
(Taxes will be deducted)

WANT TO WIN SOME EXTRA CASH? HOW ABOUT....

## \$12,000?



THEN GET YOUR TICKET FOR THE NEAL SENIOR CENTER'S "REVERSE RAFFLE"!

JUST ONE PART OF OUR "MAY EVENT", FRIDAY, MAY 5, 2023 AT THE NEAL SENIOR CENTER, 100 T.R. HARRIS DRIVE, SHELBY

JUST PURCHASE A "REVERSE RAFFLE" TICKET FOR \$100.00 AND THIS WILL PUT YOU IN THE RUNNING FOR THE CHANCE TO WIN A \$12,000 CASH PRIZE!

THERE WILL BE MORE CASH PRIZES AND DOOR PRIZES GIVEN THROUGHOUT THE RAFFLE, ALSO! (YOU DO NOT HAVE TO BE PRESENT TO WIN A CASH PRIZE, BUT YOU MUST BE PRESENT TO WIN A DOOR PRIZE.)

TICKETS ARE AVAILABLE AT THE NEAL SENIOR CENTER FROM CHARLIE WALLS. FOR MORE INFORMATION, PLEASE CALL 704/482-3488


When: Friday, Auginst 25, 2023
Where: River Bend YMCA Golf Course
Format: 4-man Captain's Choice
Time: Tee-Time Start (Call for Tee-Time
704/482-4286)


Cost: \$75/player, \$300/team
Deadline to register: Friday, August 18, 2023 Box Lunch provided by: Bayada Home Health Care

Drinks provided by: Brookdale Senior Living of Shellby

For more information, call Rick Hord of Tumbleweed Marketing at 704/473-6744 or email at rick.tumbleweed@gm ail.com. All proceeds benefit the Council on Aging.

## Let's Eat:

## SOUR CREAM LEMON PIE

- Dough for single-crust pie (RECIPE BELOW)
- 1 cup sugar
- 3 tablespoons plus 1-1/2 teaspoons cornstarch
- 1 cup whole milk
- $1 / 2$ cup lemon juice
- 3 large egg yolks, lightly beaten
- 1/4 cup butter, cubed
- 1 tablespoon grated lemon zest
- 1 cup sour cream
- 1 cup heavy whipping cream, whipped


Dough for single-crust pie: Combine 1-1/4 cups all-purpose flour and $1 / 4$ tsp. salt; cut in $1 / 2$ cup cold butter until crumbly. Gradually add 3-5 Tbsp. ice water, tossing with a fork until dough holds together when pressed. Shape into a disk; wrap and refrigerate 1 hour. On a lightly floured surface, roll dough to a $1 / 8$-in.-thick circle; transfer to a 9 -in. pie plate. Trim to $1 / 2 \mathrm{in}$. beyond rim of plate; flute edge. Refrigerate 30 minutes. Preheat oven to $425^{\circ}$.Line crust with a double thickness of foil. Fill with pie weights, dried beans or uncooked rice. Bake on a lower oven rack until edge is golden brown, 20-25 minutes. Remove foil and weights; bake until bottom is golden brown, 3-6 minutes longer. Cool on a wire rack.
Lemon Custard: In a large heavy saucepan, mix sugar and cornstarch. Whisk in milk and lemon juice until smooth. Cook and stir over medium-high heat until thickened and bubbly. Reduce heat to low; cook and stir 2 minutes longer. Remove from heat. In a small bowl, whisk a small amount of hot mixture into egg yolks; return all to the pan, whisking constantly. Bring to a gentle boil; cook and stir 2 minutes. Remove from heat. Stir in butter and lemon zest. Cool without stirring. Stir in sour cream. Add filling to crust. Top with whipped cream. Chill $4-6$ hours before serving. Yield: $6-8$ servings.

## Laff-A-Little!



## ATTENTION ALL VETERANS!

You're invited to be part of the Neal Senior Center's "Coffee \& Conversation" event.


Tuesday, May 23, 2023 at the Neal Senior Center, located at 100 T.R. Harris Drive, Shelby beginning at 10AM.

No reservations required, just show up:
Come have coffee with us!
Chat and make new friends!
"Ladies Support Coffee \& Chat" is back at the Neal Senior Center
Women age 50 and better are welcome to join
Tuesday, May 23, 2023
10,tM at the Neal Senior Center
Please RSIP by calling 7041482-3488
Deadine is Friday, May 19, 2023 at 12 Noon


## What Will They Think Df Next?

## The KitchenAid Mixer

With May being the month for "Mother's Day", let's look at an item that a lot of mothers would love to get as a gift....a KitchenAid Mixer. It's the most popular mixer currently on the market and is the mixer of choice of many professional chefs. Julia Child, the famous authority on French cooking, once stated that KitchenAid mixers made mixing "marvelous".

In 2019, KitchenAid celebrated its 100th birthday. Yet, before reaching that milestone, it had a history. That legendary stand mixer got its start in 1908 when Herbert Johnston, a Hobart engineer and one of the company's founders, was watching a baker mixing dough by hand and believed there was a better way to mechanically perform that tiresome
 task. The Hobart Manufacturing Company, based out of Troy, Ohio, developed an 80-quart stand mixer designed for professional bakeries. It was a hit with commercial bakeries because it had the capacity to mix, fold and beat large quantities of batter and dough. The U.S. Navy took an interest in the mixer, and by 1917, it had become standard equipment on all ships. In 1918, the company decided to develop a smaller-scale mixer for the common household. The new appliance was tested among local housewives and was so well liked, one housewife exclaimed "I don't care what you call it, it's the best kitchen aid l've ever had." Hence, the trademark "KitchenAid" came into existence!

The company's first mixer, the C-10, was the first KitchenAid mixer designed for home use and Hobart was ready to put them in department stores, However, stores were reluctant to carry the line. In response to that, Hobart hired a largely female sales force to sell the C-10 door to door. KitchenAid became a division of Hobart, and in 1922, it introduced a new 5-quart mixer that better fit the needs of the home kitchen. It sold for a substantial sum: $\$ 189.50$ (equal to more than $\$ 2,800$ today). A newer, lighter weight mixer was launched in 1928, which appealed more to housewives. The company made itself known in the marketplace, but faced stiff competition from other brands, including the Sunbeam Mixmaster. The Mixmaster was the most popular stand mixer from the 1930's through the 1950's. KitchenAid made a quality product, but the company felt that its mechanical appearance needed to be more "eye catching". In 1937, a new, lower priced model was created, the streamlined "K model", which has become the gold standard for the brand. With its sleek, enameled appearance, this more modern mixer was instantly popular and helped KitchenAid to eventually take the top spot in sales.

The mixer really proved its popularity during the 2020 COVID pandemic. With most of America shut down, many families took advantage of the downtime to do new things with their children to pass the time. Cooking and baking became a very popular activity and this caused sales of the KitchenAid mixer to soar...that is, until the KitchenAid plants were forced to shut down at the peak of the pandemic. KitchenAid's manufacturing plants were closed for three weeks, putting the company behind in meeting the demand for mixers. Department stores ran out of the mixers and for a time, they were virtually impossible to find. Once the plants reopened, the company worked like mad to catch up with the demand for their mixers. Numerous models of KitchenAid mixers have come and gone over the years, but the "Model K" design has remained popular. The mixer line now includes a "KitchenAid Mini", which is $25 \%$ smaller compared to their popular classic model, as well as Professional and portable models. Available in a huge array of colors, there's a mixer for all cooks according to budget, space, and cooking skill. FUN FACT: JULIA CHILD OWNED A BLUE KITCHENAID MIXER, WHICH WAS DONATED TO THE SMITHSONIAN INSTITUTE ALONG WITH HER HOME KITCHEN FROM CAMBRIDGE, MASSACHUSETTS.

## 2023 Senior Games/SilverArts Awards

| Carlos Aeschlimann |  |
| :---: | :---: |
| Tennis Doubles | 1 |
| Badminton Singles | 2 |
| Badminton Doubles | 1 |
| Table Tennis Singles | 1 |
| Table Tennis Doubles | 1 |
| Jack Allen |  |
| Badminton Singles | 2 |
| Pickleball Doubles | 1 |
| Rex Allen |  |
| Other | 1 |
| Other | 2 |
| Edward Anderson |  |
| Football Throw | 1 |
| Shuffleboard | 3 |
| Billiards | 1 |
| Standing Long Jump | 2 |
| Miniature Golf (Local Only) | 2 |
| Bocce | 1 |
| Cornhole | 2 |
| Basketball Shooting | 1 |
| Darts-Local Only | 1 |
| Horseshoes | 2 |
| Croquet | 1 |
| Susan Arrowood |  |
| Pastels | 1 |
| Susan Ashworth |  |
| Pickleball Singles | 1 |
| Badminton Doubles | 1 |
| Badminton Mixed Doubles | 2 |
| Shot Put | 1 |
| Bocce | 2 |
| Basketball Shooting | 1 |


| Table Tennis Mixed Doubles | 3 |
| :---: | :---: |
| Bowling Singles | 3 |
| Bowling Doubles | 1 |
| Darts-Local Only | 2 |
| Deanna Basnett |  |
| Watercolor | 3 |
| Watercolor | 2 |
| Watercolor | 1 |
| Mixed Media | 1 |
| Jason Blair |  |
| Pickleball Doubles | 2 |
| Libby Blair |  |
| Pickleball Doubles | 3 |
| Table Tennis Singles | 1 |
| Table Tennis Doubles | 1 |
| Cynthia Briggs |  |
| 50 Yd. Breaststroke | 1 |
| 100 Yd. Breaststroke | 1 |
| 200 Yd. <br> Breaststroke | 1 |
| 100 Yd. Freestyle | 1 |
| 50 Yd. Freestyle | 1 |
| 200 Yd. <br> Freestyle | 1 |
| Shirley Broughton |  |
| Football Throw | 3 |
| Shuffleboard | 3 |
| Shot Put | 2 |
| Softball Throw | 3 |
| Discus Throw | 1 |
| Cornhole | 2 |
| Basketball Shooting | 1 |
| Robert Burch |  |
| 800 Meter Run | 1 |

The 2023 Cleveland County Senior Games/ SilverArts drew a final total of 136 participants. Listed here are the results of this year's winners.

| Beth Cameron |  |
| :--- | :---: |
| Pickleball Mixed | 1 |
| Doubles |  |


| Linda Carpenter |  |
| :--- | :---: |
| Basket Weaving | 3 |
| Basket Weaving | 1 |
| Basket Weaving | 2 |
| Croquet | 1 |
| Chair Volleyball | 3 |
| Alison Carswell |  |
| Shuffleboard | 1 |
| Badminton <br> Singles | 1 |
| Shot Put | 1 |
| Softball Throw | 1 |
| Discus Throw | 1 |
| Standing Long <br> Jump | 1 |
| Running Long <br> Jump | 1 |
| Basketball S <br> hooting | 1 |
| Chair Volleyball | 1 |
| Melba Chandler |  |
| Pickleball Singles | 3 |
| Badminton <br> Singles | 3 |
| Badminton <br> Doubles | 2 |
| Miniature Golf | 1 |
| Bowling Singles | 2 |
| Croquet | 1 |


| Beth Clary |  | Mary Dotson |  | Discus Throw | 2 | Connie Greene |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pickleball Doubles | 1 | PhotographyDigital | 1 | Bocce | 3 | Miniature Golf | 1 |
| Trudy Clary |  |  |  | Basketball | 3 | ckleball | 1 |
| Pickleball Mixed | 2 | Photography-Film | 1 |  |  |  |  |
| Pickleball Mixed Doubles | 2 | Tommy Ellis |  | Table Tennis Singles | 3 | Cornhole | 3 |
| Football Throw | 1 | Pickleball Mixed Doubles | 1 | Table Tennis | 2 | Tommy Greene |  |
| Badminton Singles | 1 | Football Throw | 3 | Doubles |  | Miniature Golf | 1 |
| Badminton Doubles | 2 | Pickleball Singles | 2 | Chair Volleyball | 2 | George Hamrick |  |
| Badminton Mixed | 1 | Badminton Singles | 3 | Judith Freeman |  | Pickleball Mixed | 1 |
| Doubles |  | Badminon Singles | 3 | Football Throw | 1 | Doubles |  |
| Shot Put | 1 | Badminton Doubles | 2 | Shot Put | 2 | Pickleball Singles | 1 |
| Softball Throw | 1 | Softball Throw | 1 | Softball Throw | 2 | Badminton Mixed | 3 |
| Discus Throw | 3 | Softball Throw | 1 | Discus Throw | 2 | Doubles |  |
| Standing Long Jump | 1 | Discus Throw <br> Miniature Golf | $\frac{2}{1}$ | Miniature Golf (Local Only) | 1 | Badminton Doubles | 1 |
| Running Long Jump | 1 | (Local Only) | 2 | Terry-Gage Freeman |  | Pickleball Doubles | 1 |
| Pickleball Doubles | 1 | Table Tennis Dou- | 2 | Miniature Golf | 1 | Cornhole | 3 |
|  |  |  |  | (Local Only) |  | Basketball | 2 |
| Cornhole | 2 | Bowling Singles | 1 | Darts-Local Only | 1 | Shooting |  |
| Table Tennis Singles | 2 | Bowling Doubles | 1 | Gail Gabrysh |  | Table Tennis | 3 |
| Table Tennis Mixed | 1 | Donna Faries |  | Acrylics | 2 | Singles |  |
| Doubles |  | Pickleball Mixed | 2 | Acrylics | 3 | Table Tennis Mixed Doubles | 2 |
| Jerry Clontz |  | Dou | 1 | Acrylics | 1 | Table Tennis | 1 |
| Table Tennis Mixed | 2 |  |  | Steven Goforth |  | Dou |  |
| Doubles |  | Shuffleboard | 1 | eball Mix | 2 | Sue Hamrick |  |
| Table Tennis Doubles | 2 | Pickleball Singles | 1 | Doubles |  | Croquet | 1 |
| Michael Coker |  | Shot Put | 1 | Pickleball Doubles | 1 | Bocce | 1 |
| Tennis Doubles | 1 | Softball Throw | 1 | Bryon Gragg |  | ball Dou- | 2 |
| Robin Costner |  | Discus Throw | 1 | $50 \mathrm{Yd} .$ | 1 |  |  |
|  |  | Standing Long | 1 |  |  | Basketball | 2 |
| Life Experiences | 3 |  |  | 100 Yd . | 1 | Shooting |  |
| Photography-Film | 2 | Running Long Jump | 1 | Breaststroke |  | Table Tennis | 1 |
| Photography-Digital | 3 | Pickleball Doubles | 2 | $200 \text { Yd. }$ | 1 | Doubles |  |
| Lynn Daves |  | Basketball | 1 | 100 Yd. Individual | 1 | John Harmon |  |
| Football Throw | 2 | Shooting |  | Medley |  | Shot Put | 1 |
| Shot Put | 2 | Chair Volleyball | 1 | 200 Yd. Individual | 1 | Softball Throw | 3 |
|  |  | Katherine Foster |  | Medley |  | Pickleball | 3 |
| Softball Throw | 2 | Football Throw | 2 | 50 Yd. Butterfly | 1 | Doubles |  |
| Discus Throw | 1 | Shuffleboard | 1 | Eddie Gray |  |  |  |
| Myra Dixon |  | Badminton Singles | 2 | Table Tennis | 1 |  |  |
| Tennis Mixed | 1 | Shot Put | 2 | Singles |  |  |  |
| Doubles |  | Softball Throw | 2 | Table Tennis Mixed Doubles | 1 |  |  |


| Pam Helms |  | Cornhole | 1 | Annie Jones |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Pickleball Mixed Doubles | 2 | Basketball Shooting | 1 | Billiards <br> Miniature Golf | 1 |
|  |  |  |  |  | 1 |
| Shuffleboard | 3 | Table Tennis Singles | 1 | (Local Only) |  |
| Badminton Singles | 1 |  |  | Bowling Singles | 1 |
|  |  | Horseshoes | 1 | Horseshoes | 1 |
| Badminton Doubles | 3 | Croquet | 1 | Barbara Jones |  |
|  |  | Ed Hinson |  | Crocheting | 1 |
| Shot Put | 3 | Football Throw | 3 | Susan Jones |  |
| Softball Throw | 3 | Shot Put | 3 |  |  |
| Discus Throw | 1 |  |  | 100 Yd. Freestyle | 1 |
| Pickleball Doubles | 2 | Softball Throw | 3 | 50 Yd . Freestyle | 1 |
|  |  | Discus Throw | 3 | 200 Yd. Freestyle | 1 |
| Basketball Shoot-ing | 2 | Arthur Holland |  | 500 Yd. Freestyle | 1 |
|  |  | Tennis Singles | 1 | 100 Yd . Individual | 1 |
| Table Tennis Singles | 2 | Tennis Doubles | 1 | Medley |  |
| Table Tennis Doubles | 3 | Badminton Singles | 1 | Medley | 1 |
| Chair Volleyball | 1 | Badminton Doubles | 1 | James King |  |
|  |  |  |  | Pickleball Singles | 1 |
| Marie Hendrick |  | Badminton Mixed | 1 | Pickleball Doubles | 2 |
| Pickleball Mixed Doubles | 3 | Table Tennis Singles | 2 | Evelyn Kiser |  |
|  |  |  |  | Shuffleboard | 2 |
| Pickleball Doubles | 3 | Table Tennis Mixed Doubles | 1 | Badminton Singles | 2 |
| Cornhole | 2 | ennis | 1 | Badminton Mixed | 1 |
| Diony Hernandez |  | Doubles |  | 硅ho | 3 |
|  |  | Denna Holland |  | Table |  |
| Pickleball Singles | 2 | Badminton Mixed Doubles | 1 | Table Tennis Singles | 3 |
| Table Tennis Singles | 1 |  |  | Table Tennis Mixed Doubles | 1 |
| Table Tennis Doubles | 2 | Table Tennis Mixed Doubles | 1 |  |  |
|  |  |  |  | Poem | 1 |
| Ron Hillier |  | Ruby Hughes |  | Keith Kiser |  |
| Football Throw | 1 | Life Experiences | 1 | Football Throw | 2 |
| Shuffleboard |  | Life Experiences | 2 | Shuffleboard | 1 |
|  | 1 | Short Story | 1 | Badminton Singles | 1 |
| Softball Throw | 1 | Short Story |  | Badminton Mixed Doubles | 1 |
|  |  | Short Story | 2 |  |  |
| Discus Throw | 1 | Poem | 2 | Shot Put | 1 |
| Standing Long Jump | 1 |  |  | Softball Throw | 1 |
|  |  | Doug ingle |  | Discus Throw | 1 |
| Running LongJump Jump | 1 | Pickleball Singles <br> Pickleball Doubles | 2 | Pickleball Mixed Doubles | 1 |
|  |  |  |  |  |  |
| 100 Meter Dash | 1 |  |  | Standing Long | 1 |
| 50 Meter Dash | 1 | Pamela Jackson |  | Jump |  |
| Bocce | 1 | Pickleball Mixed | 1 | Running Long Jump | 1 |
| Pickleball Doubles | 1 |  |  |  |  |


| 100 Meter Dash | 1 |
| :--- | :---: |
| Pickleball Doubles | 1 |
| Cornhole | 2 |
| Basketball Shooting | 2 |
| Table Tennis <br> Singles | 1 |
| Table Tennis Mixed <br> Doubles | 1 |
| Table Tennis <br> Doubles | 1 |
| Jean Lankford | 2 |
| Table Tennis <br> Doubles | 2 |
| Chair Volleyball | 1 |
| Judy Latham | 2 |
| Football Throw | 2 |
| Badminton Singles | 1 |
| Badminton Doubles | 1 |
| Softball Throw | 1 |
| Basketball Shooting | 2 |
| Table Tennis <br> Singles | 1 |
| Table Tennis Mixed <br> Doubles | 2 |
| Horseshoes | 1 |
| Larry Ledbetter | 1 |
| Football Throw | 1 |
| Shuffleboard | 1 |
| Billiards | 1 |
| Badminton Singles | 1 |
| Badminton Doubles | 2 |
| Shot Put | 2 |
| Softball Throw | 2 |
| Discus Throw | 2 |
| Standing Long <br> Jump | 2 |
| 50 Meter Dash | 1 |
| Miniature Golf | 1 |
| Bocce | 1 |
| Pickleball Doubles | 3 |
| Cornts-Local Only | 1 |
| Table Tennis Sin- <br> gles | 3 |
| Table Tennis Dou- <br> bles | 2 |
| Bowling Singles | 1 |
|  | 1 |


| June Lees |  |
| :---: | :---: |
| Shuffleboard | 2 |
| Bocce | 2 |
| Cornhole | 1 |
| Table Tennis Singles | 2 |
| Chair Volleyball | 2 |
| Kendall Lees |  |
| Shuffleboard | 1 |
| Shot Put | 1 |
| Discus Throw | 1 |
| Standing Long Jump | 1 |
| Running Long Jump | 1 |
| 100 Meter Dash | 1 |
| 200 Meter Dash | 1 |
| 400 Meter Dash | 1 |
| 50 Meter Dash | 1 |
| Bocce | 2 |
| 50 Yd. Breaststroke | 2 |
| Opal Lemons |  |
| Shot Put | 1 |
| Pickleball Doubles | 2 |
| Grace Leslie |  |
| Football Throw | 3 |
| Shuffleboard | 2 |
| Badminton Singles | 2 |
| Basketball Shooting | 1 |
| Mitchell Leslie |  |
| Shuffleboard | 2 |
| Shot Put | 3 |
| Softball Throw | 2 |
| 100 Meter Dash | 2 |
| 50 Meter Dash | 2 |
| Susan Letchford |  |
| Shuffleboard | 1 |
| Cheryl Leu |  |
| Shuffleboard | 2 |
| Bocce | 2 |
| Chair Volleyball | 1 |
| Janet Lindeman |  |
| Softball Throw | 1 |
| Bowling Doubles | 2 |
| Miniature Golf | 1 |


| Gene Lloyd |  |
| :--- | :---: |
| Pickleball Doubles | 1 |
| Sandra Lloyd |  |
| Shuffleboard | 1 |
| Bocce | 1 |
| Pickleball Doubles | 1 |
| Delores Lowery |  |
| Football Throw | 3 |
| Badminton Singles | 1 |
| Table Tennis | 2 |
| Doubles |  |
| Terry Maskin |  |
| 25 yd. Breaststroke | 1 |
| 50 Yd. Breaststroke | 1 |
| 100 Yd. <br> Breaststroke | 1 |
| 200 Yd. |  |
| Breaststroke | 1 |
| Ann McSwain |  |
| Football Throw | 2 |
| Shuffleboard | 1 |
| Shot Put | 1 |
| Softball Throw | 1 |
| Discus Throw | 1 |
| Pickleball Mixed | 1 |
| Doubles | 1 |
| Bocce | 3 |
| Pickleball Doubles | 2 |
| Cornhole | 3 |
| Basketball Shooting | 1 |
| Mary Minorik |  |
| Football Throw | 3 |
| Shuffleboard | 2 |
| Pickleball Singles | 2 |
| Badminton Doubles | 1 |
| Bocce | 1 |
| Cornhole | 3 |
| Bowling Singles | 1 |
| Bowling Doubles | 1 |
| Darts-Local Only | 1 |
| Horseshoes | 1 |
| David |  |
| Misenheimer |  |
|  | 1 |


| Janice Morton |  |
| :--- | :---: |
| Cornhole | 1 |
| Annie Oberle |  |
| Photography-Digital | 2 |
| Arnold Padgett |  |
| Billiards | 1 |
| Chair Volleyball | 3 |
| Victoria Parnell |  |
| Football Throw | 1 |
| Shot Put | 2 |
| Softball Throw | 2 |
| Discus Throw | 2 |
| Bocce | 1 |
| Cornhole | 1 |
| Table Tennis <br> Doubles | 1 |
| Chair Volleyball | 3 |
| Albert Patterson |  |
| Softball Throw | 3 |
| Miniature Golf | 3 |
| Linda Pfister |  |
| Football Throw | 1 |
| Softball Throw | 1 |
| Miniature Golf | 2 |
| Bowling Doubles | 2 |
| Becky Pruitt |  |
| Football Throw | 1 |
| Badminton Doubles | 1 |
| Softball Throw | 2 |
| Bocce | 2 |
| Cornhole | 1 |
| Table Tennis Mixed | 1 |
| Doubles | 2 |
| Table Tennis <br> Doubles | 1 |
| Chair Volleyball | 1 |
| Marilyn Putnam |  |
| Table Tennis | 2 |
| Singles | Table Tennis <br> Doubles |
| Jessika Raduly |  |
| 100 Meter Dash | 1 |
| 200 Meter Dash | 1 |
| 400 Meter Dash | 1 |
| 50 Meter Dash | 1 |


| Jody Raduly |  |
| :--- | :---: |
| Football Throw | 1 |
| Softball Throw | 1 |
| Standing Long Jump | 1 |
| Running Long Jump | 1 |
| 100 Meter Dash | 1 |
| 200 Meter Dash | 1 |
| 400 Meter Dash | 1 |
| 50 Meter Dash | 1 |
| Cathy Reichert |  |
| Pickleball Mixed <br> Doubles | 1 |
| Pickleball Doubles | 1 |
| Armand Richard |  |
| Football Throw | 1 |
| Pickleball Singles | 2 |
| Badminton Singles | 3 |
| Badminton Mixed <br> Doubles | 2 |
| Shot Put | 2 |
| Softball Throw | 2 |
| Discus Throw | 2 |
| Bocce | 1 |
| Basketball Shooting | 1 |
| Table Tennis Singles | 2 |
| Table Tennis Mixed <br> Doubles | 3 |
| Darts-Local Only | 1 |
| Mary Ann Rogers |  |
| Basketball Shooting | 3 |
| Tim Russ |  |
| Pickleball Mixed <br> Doubles | 2 |
| Pickleball Doubles | 2 |
| Randy Sarratt |  |
| Pickleball Mixed | 2 |
| Doubles |  |
| Pickleball Doubles | 1 |
| AJ Simmons |  |
| Pickleball Mixed <br> Doubles | 1 |
| Badminton Mixed <br> Doubles | 3 |


| Table Tennis <br> Singles | 1 |
| :--- | :---: |
| Table Tennis Mixed <br> Doubles | 2 |
| Table Tennis <br> Doubles | 1 |
| Rusty Stroupe |  |
| Tennis Singles | 1 |
| Tennis Mixed <br> Doubles | 1 |
| Tennis Doubles | 1 |
| Charlotte Teague |  |
| Pickleball Mixed <br> Doubles | 3 |
| Badminton Doubles | 3 |
| Badminton Mixed <br> Doubles | 1 |
| Pickleball Doubles | 2 |
| Table Tennis <br> Doubles | 3 |
| Douglas Teague |  |
| Pickleball Mixed <br> Doubles | 3 |
| Badminton Mixed <br> Doubles | 1 |
| Pickleball Doubles | 2 |
| Helen Thrift |  |
| Cornhole | 2 |
| Elizabeth Vincent |  |
| Knitting | 1 |
| Knitting | 2 |
| Knitting | 3 |
| Crocheting | 2 |
| Bobby Walker |  |
| Pickleball Mixed <br> Doubles | 3 |
| Badmininton Mixed |  |
| Boubles |  |$\quad 1$


| Pickleball Doubles | 1 |
| :--- | :---: |
| Table Tennis <br> Singles | 1 |
| Table Tennis Mixed <br> Doubles | 1 |
| Table Tennis <br> Doubles | 1 |
| Robin Weathers |  |
| Pickleball Doubles | 1 |
| Basketball Shooting | 2 |
| Table Tennis <br> Singles | 1 |
| Ruth White |  |
| Chair Volleyball | 3 |
| Bobby Willis |  |
| Pickleball Mixed <br> Doubles | 3 |
| Football Throw | 2 |
| Discus Throw | 3 |
| Pickleball Doubles | 1 |
| Harriett Wilson |  |
| Shot Put | 3 |
| Softball Throw | 3 |
| Discus Throw | 3 |
| Miniature Golf <br> (Local Only) | 2 |
| Darts-Local Only | 1 |
| Chair Volleyball | 2 |
| Sonny Wright, Jr. |  |
| Billiards | 2 |
| Peggy Wuest | 3 |
| Crocheting |  |



As part of the entertainment for the Senior Games/SilverArts party, which was held at Terra Bella, Keith and Evelyn Kiser demonstrated a couple's dance.

"The Carolina Line Dancers" placed 2nd in the "Performing Arts" category of the SilverArts.


Dale Lieser, who has been blind all of his life, demonstrated his fabulous skills on the piano. He placed "Winner of Show" in the "Performing Arts" category of the SilverArts.

| APRIL 2023 ACTIVITY CALENDAR |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Daily Activities |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00 <br> Monday Morning <br> Bridge <br> 9:30 <br> Chair Yoga <br> 12:30 <br> Monday <br> Afternoon Bridge <br> 1:00 <br> Video Tai-Chi <br> 2:00 <br> Chair Yoga <br> 5:00 <br> Monday Night <br> Bingo <br> 5:30 <br> Zumba | 9:45 <br> Carolina Line Dancers 10:00 <br> Acrylic Painting 1:00 <br> Chair Volleyball | 9:00 <br> The Sewing Circle <br> 9:30 <br> Chair Yoga <br> 10:00 <br> Zumba Gold <br> 11:00 <br> Piedmont Rook <br> 12:30 <br> Knit Pickers <br> 2:00 <br> Chair Yoga <br> 2:00 <br> Euchre | 9:30 <br> Chair Volleyball <br> 1:00 <br> Basic Spanish <br> 1:00 <br> Thursday Bridge 1:00 <br> Mexican Train Dominoes | $\begin{array}{\|l\|} \hline 11: 00 \end{array}$ <br> Zumba Gold |
| Special/Monthly Activities |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 1 | 2 | $10: 00$ Carolina Singers | 4 | 8:30 5 May Event |
| 8 | 9 | 10 | 10:00 Daytime Friends | Center closes at 12:00 pm |
| $\begin{array}{\|l} \text { 9:00 } \\ \text { One - Day Oil } \\ \text { Painting } \end{array}$ | 16 | 10:00 Carolina Singers | 6:00 18 <br> May Dance  | Center closes at 12:00 pm |
| 22 | 10:00 Ladies Support Veteran's Coffee \& Chat | 24 | 10:00 25 Daytime Friends | 26 <br> Center closes at 12:00 pm |
| $\qquad$ <br> COA Closed | 30 | 31 |  |  |

